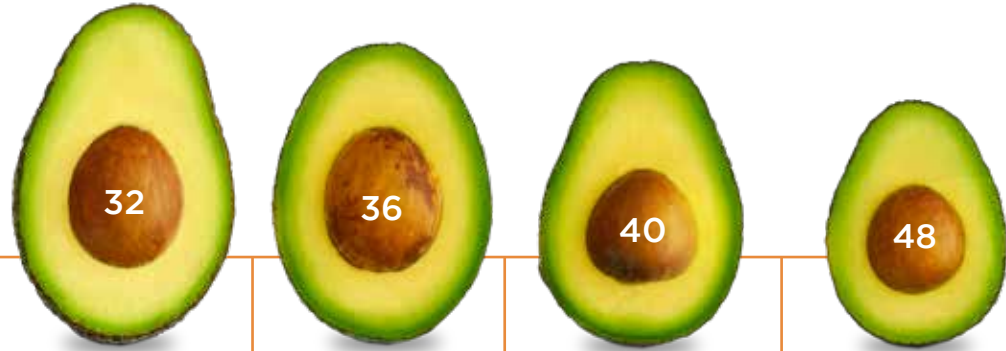
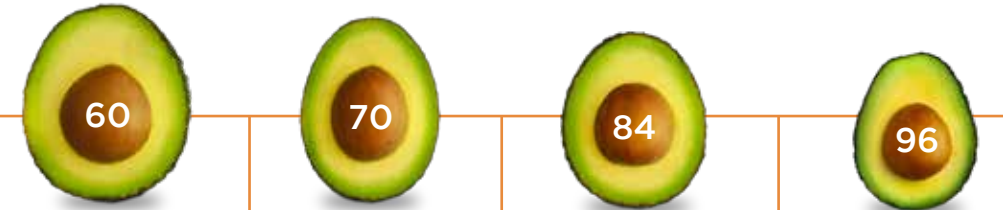


SIZE INTERCHANGEABILITY



YIELD	Cup Oz	1 cup 8 oz	15/16 cup 7.4 oz	7/8 cup 7 oz	2/3 cup 5.4 oz
	Cup Slices (1 cm wide)	1 3/4 cups 18 slices	1 1/2 cups 16 slices	1 1/4 cups 14 slices	1 cup 13 slices
	Cup Dices (2x1x1 cm)	1 1/2 cups 108 dices	1 1/3 cup 100 dices	1 cup + 2 TBSP 92 dices	1 cup 80 dices
	Cup	1 cup	15/16 cup	7/8 cup	2/3 cup
	Cup	3/4 cup + 3 TBSP	2/3 cup + 1/2 TBSP	2/3 cup	1/2 cup

SIZE INTERCHANGEABILITY



YIELD	Cup Oz	1/2 cup 3.9 oz	7/16 cup 3.6 oz	1/3 cup 2.6 oz	1/4 cup 2.25 oz
	Cup Slices (1 cm wide)	2/3 cup + 5 TBSP 12 slices	3/4 cup + 1 TBSP 10 slices	2/3 cup 8 slices	1/3 cup + 1 TBSP 6 slices
	Cup Dices (2x1x1 cm)	3/4 cup 64 dices	2/3 cup 52 dices	1/2 cup + 1 1/2 TBSP 48 dices	1/3 cup 32 dices
	Cup	1/2 cup	7/16 cup	1/3 cup	1/4 cup
	Cup	1/2 cup	1/3 cup + 1 1/2 TBSP	1/3 cup + 1/2 TBSP	3 1/2 TBSP