



Avocado Smoothie Bowl

SERVES 1

- small Mission Produce avocado
- frozen banana
- cup almond milk
- cup spinach leaves, packed
- Tbsp honey

Add all smoothie ingredients into a blender and blend until smooth and thick. Pour into a bowl and garnish with your favorite toppings, such as sliced avocado, sliced kiwi fruit, chia seeds, mixed nuts and seeds.







