



Baby Bento Lunch

SERVES 1

- 1 small Mission Produce avocado, small dice
- 1 egg, hardboiled and quartered

Goldfish crackers or animal crackers

Mixed berries

Pair delicious avocados with any combination of healthy baby-friendly foods that offer a variety of tastes and textures. Place each item on your child's plate and watch them enjoy new foods! Try out new combinations as your baby and their curiosity grows!







